

TABLE 8.9 Lifetime Prevalence and Standard Error (SE) of Specific Fears

SPECIFIC FEAR	LIFETIME FEARS*		LIFETIME PHOBIA GIVEN FEAR†		LIFETIME PHOBIA WITH SPECIFIC FEAR IN TOTAL SAMPLE††	
	%	(SE)	%	(SE)	%	(SE)
Height	20.4	0.7	26.2	1.8	5.3	0.5
Flying	13.2	0.7	26.9	2.4	3.5	0.3
Closed spaces	11.9	0.6	35.1	2.5	4.2	0.4
Being alone	7.3	0.6	40.7	3.3	3.1	0.4
Storms	8.7	0.5	33.1	3.4	2.9	0.4
Animals	22.2	1.1	25.8	1.2	5.7	0.4
Blood	13.9	0.7	32.8	2.1	4.5	0.3
Water	9.4	0.6	35.8	2.8	3.4	0.3
Any	49.5	1.2	22.7	1.1	11.3	0.6

*Prevalence of lifetime fears in the total sample.

†Probability of specific phobia diagnosis in people endorsing each fear.

††Percentage of people in total sample with specific phobia and each lifetime fear (i.e., 5.3% of total sample have lifetime-specific phobia and a height fear).

Source: Curtis et al. (1998). Specific fears and phobias: Epidemiology and classification. *British Journal of Psychiatry*, 173, 212–217. Reproduced with permission from The Royal College of Psychiatrists.